

**KENT STATE UNIVERSITY  
COLLEGE OF NURSING**

**TECHNICAL SKILLS RECORD/ CHECKLIST**

**Student Name:** Cassandra S. Keen

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
<b>DIRECT PATIENT CARE</b>						
Complete Bath				5/23/2012		
Oral Care		10/5/2011		1/25/2012		
Skin Care		9/28/2011		1/25/2012		
Hair Care		9/28/2011		1/25/2012		
Foot & Nail Care		9/28/2011		1/25/2012		
Back Massage				1/25/2012		
Braden Scale Skin Assessment		9/28/2011		1/25/2012		
Positioning & Repositioning		10/19/2011		1/25/2012		
Range of Motion		10/19/2011		1/25/2012		
Assist with Ambulation				1/25/2012		
Falls Precautions				5/23/2012		
Transfer Techniques				5/23/2012		
Feeding				1/25/2012		
Recording I & O's		10/11/2011		1/25/2012		
Ted Hose/SCDs				1/25/2012		
<b>APPLYING RESTRAINTS</b>						
Posey						
Wrist & Ankle				1/25/2012		
<b>BED MAKING</b>						
Occupied				1/25/2012		
Unoccupied				1/25/2012		
<b>VITAL SIGNS</b>						
Temperature		9/19/11		9/19/2011		
Respiration		9/19/11		9/19/2011		
Pulse		9/19/11		9/19/2011		
Blood Pressure		9/19/11		9/19/2011		
Orthostatic Blood Pressure		9/19/11		9/19/2011		
Pain Assessment		9/19/11		9/19/2011		
<b>NEUROLOGICAL ASSESSMENT</b>						
Glasgow Coma Scale	10/10/11	10/12/2011		1/25/2012		

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
<b>CARDIAC MONITORING</b>						
EKG/Telemetry				5/31/2013		
12 lead EKG administration				5/31/2013		
<b>ELIMINATION</b>						
Enemas	6/14/2012			6/21/2012		
Colostomy: Irrigation	6/7/2012			06/2013		
Dressing				06/2013		
Placing Appliance						
Ileostomy						
Catheterization						
Indwelling: Male	4/5/12			07/2013		
Female	4/5/12			2/13/2013		
Straight: Male				5/31/2013		
Female						
Urosheath: Male						
Indwelling Catheter Care				4/15/2012		
Catheter Irrigation				4/15/2012		
Perineal Care				3/20/2012		
Urosheath Care						
<b>IRRIGATIONS</b>						
Eye				10/16/2012		
Ear						
Bladder				6/7/2013		
Vaginal						
Wound	2/23/2012			5/30/2012		
<b>SPECIMEN COLLECTION</b>						
24 hour Urine				7/5/2013		
Specific Gravity				7/6/2013		
Sterile from indwelling cath				11/15/13		
Stool:						
Guaiac/Hemoccult						
Ova & Parasite						
C & S						
Sputum				08/2013		
Blood Glucose Monitoring	1/25/2012			2/1/2012		
<b>PRE &amp; POST OPERATIVE CARE</b>						
Pre-op Checklist/Informed Consent				2/22/2012		
Dry sterile dressing	2/23/2012			5/3/2012		
Peripheral IV site dressing change				6/1/2013		
Central line dressing change				7/8/2012		
Wet → Dry sterile dressing	2/23/2012			5/30/2012		
Packed wound dressing	2/23/2012			4/11/2012		
	Have seen					

	demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
Coughing & deep breathing				6/13/2012		
Incentive spirometry	1/25/2012			6/13/2012		
Assist to dangle & ambulate				5/23/2012		
Assist with cast				07/2013		
Assist with traction				6/14/2013		
Intermittent wall suction				6/1/2013		
Naso-gastric irrigation				06/2013		
Hemovac drain care				6/22/2013		
JP drain care				07/2013		
Nasogastric continuous feeding						
Gastrostomy intermittent feeding				10/2012		
<b>RESPIRATORY CARE</b>						
Oxygen Therapy:						
Nasal cannula	9/19/11	1/25/2012		1/25/2012		
Mask	9/19/11	1/25/2012		1/25/2012		
Pulse Oximetry	9/19/11	1/25/2012		1/25/2012		
Suctioning:						
Oropharygeal						
Endotracheal						
Tracheostomy care						
Chest tube care						
Postural drainage						
Percussion, drainage, & clapping	11/14/2011			03/2012		
<b>ISOLATION TECHNIQUES</b>						
VRE/MRSA	2/20/2012			5/30/2012		
TB	2/20/2012			11/2012		
Neutrapenic (Reverse)	2/20/2012			6/6/2012		
<b>MEDICATION ADMINISTRATION</b>						
Oral		2/1/12		5/24/2013		
Patches/topical		2/1/12		5/25/2013		
Subcutaneous		2/1/12		5/24/2013		
Intramuscular		2/1/12		5/24/2013		
Z-Track						
<b>IV INFUSION</b>						
Peripheral		2/1/12		5/24/2013		
PICC line						
Central/Triple Lumen				7/6/2013		
Monitoring of Drip Rate						
IV site assessment		2/1/12		2/1/2012		
Changing IV fluid bags				5/24/2013		
Changing IV fluid tubings				5/24/2013		
Arterial line maintenance						

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
<b>COMPUTER DOCUMENTATION</b>				1/2012	02/2013	
<b>EXPERIENCE TEACHING:</b>						
Patients				6/8/2013	04/2012	
Families				3/27/2013	10/2012	
<b>DISCHARGE PLANNING</b>				4/3/2013	06/2013	
<b>BASIC LIFE SUPPORT</b> (record dates of completion)	07/2012 01/2015					

\*\*Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist

\*\*Revised 8/08